

CTTE College for Women, Perambur, Chennai-11

COVID 19- FREE TELECOUNSELING SERVICE FOR STUDENTS, PARENTS AND GENERAL PUBLIC

The global novel coronavirus outbreak has far exceeded the impact of other viral diseases, which has infected 1000's and caused deaths worldwide.

Mental health is nothing but a part of the well-being and topmost priority during these unprecedented times. To lend support to the people in need, we have a 24x7 helpline that is available for seeking assistance on mental wellbeing or any stress and anxiety related issues.

Free online consultation service is now available for Covid-19 patients, medical workers and people suffering with mental problems amid the unfolding health crisis.

We faculty from the **Departments of Psychology and Social Work (CTTE College for Women)**, qualified Mental Health professionals offer tele-counselling services and text-based psychological reaffirmations.

Timing : 9:00 AM to 5: 00 PM

Counselors Contact Number

Ms. AlimaZehra– 7299357074

Ms. Lavanya -9884663891

Ms.Aswini .U.R -9840761162

Ms.Shanta-8778445672

Ms. Mary Dayana -8056176297

Ms. Rubini V.E – 9789574190

Ms.Preenu Ashok – 9840124929