

NOVEMBER 2018

66219/HAWEF

Time : Three hours

Maximum : 75 marks

PART A — (10 × 1 = 10 marks)

Answer any TEN questions each in 50 words.

1. What is counselling?
2. What are the aims of counselling?
3. Who gave non - directive counselling technique?
4. What are the characteristics of a counselor?
5. What is vocational counselling?
6. What is directive counselling?
7. What do you understand by conflict resolution?
8. Point out the benefits of family counselling.
9. What is self-awareness?
10. What are the differences between counselling and advice?
11. Mention the importance of couples or marriage counselling.
12. Explain Burnout.

PART B — (5 × 5 = 25 marks)

Answer any FIVE questions each in 200 words.

13. Bring out the characteristics of counselling.
14. Portray the sociological foundations of counselling.
15. Highlight the counselling techniques used by counsellors.
16. Narrate the Do's and Don'ts of a counselor.
17. State the various barriers in counselling.
18. Brief the need for and importance of counselling in school settings.
19. Give a brief note on Psychoanalytic Therapy.

PART C — (4 × 10 = 40 marks)

Answer any FOUR questions each in 500 words.

20. Trace the evolution of counselling in India.
21. Discuss the key considerations for building a successful client-counsellor relationship and brief the signs of a good relationship and trust with counsellor.
22. Elaborately explain the various specialized areas in counselling.

23. Define Group Counselling. Describe the process of group counselling.
24. Write explanatory note on:
 - (a) Client self-exploration
 - (b) Deeper exploration and analysis
 - (c) Implementation of goals through action
 - (d) Termination.
25. Describe the various scientific approaches used in counselling.

MSW → Counselling