Time: Three hours

Maximum: 75 marks

PART A — $(10 \times 1 = 10 \text{ marks})$

Answer any TEN questions each in 50 words.

- 1. Define counseling.
- 2. What is long term goal?
- 3. What is meant by social system?
- 4. Define Empathy.
- 5. Write any two values involved in counseling process.
- 6. List a few conditions for gaining trust in counseling process.
- 7. What is school counseling?
- 8. Write the purpose or counseling in correctional setting.
- 9. Write the aim of family counseling.
- 10. Write the purpose of structural analysis.

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- 11. Write the aim of person centered therapy.
- 12. What do you mean by behaviour modification?

PART B —
$$(5 \times 5 = 25 \text{ marks})$$

Answer any FIVE questions each in 200 words.

- 13. Write about the foundation's of counseling.
- 14. Write the importance of values and beliefs in counseling.
- 15. Explain the first stage in counseling process.
- 16. Explain the role of facilitation.
- 17. Explain the problem exploration process.
- 18. Explain the functions of De-addiction centres.
- 19. How and when will you apply Behaviour modification therapy?

PART C —
$$(4 \times 10 = 40 \text{ marks})$$

Answer any FOUR questions each in 500 words.

- 20. Narrate the evolution of counseling.
- 21. Elucidate the personal growth and effectiveness of a counselor.

- 22. Narrate the Third stage in counseling process.
- 23. Elucidate the Industrial counseling process.
- 24. Explain the application of RET in counseling.
- 25. Explain the cognitive approach in counseling.