Time: Three hours Maximum: 75 marks

PART A —
$$(10 \times 1 = 10 \text{ marks})$$

Answer any TEN questions in 50 words.

- 1. Write down any two goals of Counseling
- 2. What is meant by Self Renewal?
- 3. What is meant by Art Therapy?
- 4. State the need for Eclectic Approach to Counseling
- 5. What is meant by Non-directive Counseling?
- 6. State the need and importance of Peer Counseling
- 7. Explain the term Micro Skills
- 8. What is meant by Immediacy?
- 9. Explain Confrontation in stage two of Eagan Model of Counseling.

- 10. State the importance of preferred scenario in stage 3 of Eagan model of Counseling
- 11. What is meant by Pastoral Counseling? -
- 12. State the need for Grief Counseling.

PART B —
$$(5 \times 5 = 25 \text{ marks})$$

Answer any FIVE questions in 200 words.

- 13. Write a note on the factors that influence Counseling process.
- 14. Give an overview on alternate approaches to Counseling.
- 15. What are the different Counseling techniques?
- 16. Explain in detail about stage 3 of Eagan Model of Counseling.
- 17. Write a note on Helper skills in stage 2 of Eagan Model of Counseling.
- 18. Write down the benefits of Disaster Counseling.
- 19. In what way Counseling helps persons with HIV/AIDS?

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PART C — $(4 \times 10 = 40 \text{ marks})$

Answer any FOUR questions in 500 words.

- 20. Describe the factors that influence Counseling process.
- 21. Explain in detail about different approaches of Counseling.
- 22. Explain the salient features of (a) Individual Counseling and (b) Group Counseling.
- 23. Explain in the Eagan Model of Counseling in brief.
- 24. Narrate the benefits of Counseling rendered to students.
- 25. Gerontological Counseling helps elders to overcome their emotional difficulties Discuss.
