

NOVEMBER 2022

66249/HBWEC

Time : Three hours

Maximum : 75 marks

PART A — (10 × 1 = 10 marks)

Answer any TEN questions in 50 words.

1. Mention any two factors that influence Counseling process.
2. What is meant by burn out?
3. What are the advantages of yoga?
4. What is meant by medical clowning?
5. What is meant by directive Counseling?
6. State the need and importance of Community Counseling
7. Explain the term self-exploration
8. What is meant by non-defensive listening?
9. Explain dynamic self-understanding in stage 2 of Eagan model of Counseling
10. State the importance of developing new perspective in stage 3 of Eagan model of Counseling

II MSW → Counselling Theory and Practice

11. What is meant by Family Counseling?
12. State the need for Career Guidance

PART B — (5 × 5 = 25 marks)

Answer any FIVE questions in about 200 words.

13. What are the principles of Counseling?
14. State the need for Eclectic approach to Counseling
15. In what way initiating contact helps the Counseling process?
16. Explain in detail about stage 2 of Eagan model of Counseling
17. Write a note on micro skills involved in stage 1 of Eagan model of Counseling
18. Write down the benefits of Adolescent Counseling
19. Discuss the importance of counselling to persons with suicidal tendencies.

PART C — (4 × 10 = 40 marks)

Answer any FOUR questions, in about 500 words.

20. Discuss in detail about the need and importance of stress management.
21. Give an overview of alternate approaches to Counseling.
22. Explain in detail about different Counseling techniques.
23. Explain in detail about Eagan Model of Counseling.
24. Narrate the benefits of Counseling rendered to persons infected with HIV/AIDS.
25. De-addiction Counseling helps the alcoholic addict to return back to new normal life –Discuss.