

APRIL 2023

66249/HBWEC/HW42B

Time : Three hours

Maximum : 75 marks

PART A — (10 × 1 = 10 marks)

Answer any TEN each in 50 words.

1. Define counselling.
2. List the goals of counselling.
3. Who is a counsellor?
4. Point out the approaches of counselling.
5. Give an example for art therapy.
6. Specify the types of counselling.
7. Expand SOLER.
8. Write any two techniques of counselling.
9. Specify the micro skills associated with counselling.
10. What does non defensive listening mean?
11. Mention any two challenges to provide counselling.
12. Expand AIDS.

I MSW ⇒ Counselling theory and Practice

PART B — (5 × 5 = 25 marks)

Answer any FIVE each in 200 words.

13. What are the principles of counselling?
14. Throw a light on self-renewal.
15. Narrate the application of laughter therapy with examples.
16. Outline the importance of peer counselling.
17. Interpret the helper's skills in counselling.
18. Discover the significance of pastoral counselling.
19. Why does the adolescent need counselling? Discuss

PART C — (4 × 10 = 40 marks)

Answer any FOUR each in 500 words.

20. Elaborate the factors influencing counselling process.
21. Explain the approaches of counselling.
22. Exemplify the types of counselling.

23. Explicate the techniques of counselling.

24. Examine the Eagan Model of counselling.

25. Evaluate the need and importance of counselling in de-addiction centre.