

NOVEMBER 2024

66743/532E3C

Time : Three hours

Maximum : 75 marks

PART A — (10 × 1 = 10 marks)

Answer any TEN questions, each in 50 words.

1. Define counselling.
2. How is counselling benefits to mankind?
3. What role does client self-determination play in the counselling process?
4. What is the importance of building rapport with clients, and how can counsellors effectively establish this rapport?
5. What is directive counselling?
6. What do you understand by the term palliative care?
7. What are the difficulties faced by AIDS patients?
8. Mention some of the marital problems.
9. How can counsellors support clients in setting and achieving realistic goals for personal growth and change?

10. How terminal illness affects individuals and families?
11. Explain the purpose and benefits of summarizing client content during counselling sessions.
12. What is the need of establishing and maintaining boundaries in counseling relationship?

PART B — (5 × 5 = 25 marks)

Answer any FIVE questions in 200 words each.

13. Mention the objectives and goals of counselling.
14. What are the key communication skills required for effective counselling?
15. Describe about gestalt therapy.
16. Explain in detail about Maslow's theory.
17. Write in detail about de-addiction counselling.
18. What is the importance of grief counselling?
19. Describe the role of counsellors in healthcare settings and their collaboration with medical professionals.

PART C — (4 × 10 = 40 marks)

Answer any FOUR questions, each in 500 words.

20. Write the code of ethics in counselling.
21. What are the key stages of the counselling process?
22. Discuss about psychoanalytic theory.
23. Why is counselling important in industrial place?
24. Discuss the practice of counselling among victims of communal riots.
25. Discuss the core principles and techniques of Cognitive-Behavioral Therapy (CBT) in counselling.