



# CHEVALIER T. THOMAS ELIZABETH COLLEGE FOR WOMEN

(No.16, St.Mary's Road, Maryland, Sembium, Perambur,Chennai-11)  
Affiliated to the university of Madras & Re- accredited by NAAC with Grade 'A'

3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/Government and Government recognized bodies (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. ) and/or those organised in collaboration with industry, community and NGOs during the year & 3.4.4 Number of students participating in extension activities at 3.4.3. above during

## Red Ribbon Club

**Name of the Activity:** E-Quiz on World Hepatitis Day

**Date:** 28.07.2021

**Organising unit/ agency/ collaborating agency:** RRC


**Name of the scheme:** RRC

**Participants:** 27

### Report:

The Ribbon Club conducted an E-Quiz on World Hepatitis Day, July 28,2021(Wednesday) through Google Forms. World Hepatitis Day is observed every year on 28th July to raise awareness of the global burden of viral hepatitis and to influence real change. Hepatitis B is an inflammation of the liver that causes a range of health problems, including liver, cancer. Loss of appetite, repeated fever, fatigue, nausea, and vomiting are some of the initial symptoms of this infection. 27 students participated in this quiz. E-certificates were awarded to participants who scored 50% and above.

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**Red Ribbon Club** 

**Organizes**

**E - Quiz on World Hepatitis Day**

**Date : 28.07.2021**

**E-Quiz Link**  
<https://forms.gle/CvBcZvcLN5PxAX7k9>

- **E-Certificate will be awarded to all the participants who score 50% and above**

**Mrs. Sandhya Mohanan**  
Assistant Professor  
RRC Coordinator

**Dr. S. Sridevi**  
Principal

**Invitation - E-Quiz on World Hepatitis Day**



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**Name of the Activity:** Webinar on World Organ Donation Day

**Date:** 13.08.2021

**Organising unit/ agency/ collaborating agency:** Rotary Club, Ambattur

**Name of the scheme:** RRC

**Participants:** 30

## Report:

A webinar on “COVID-19 and the Impact on Organ Donation” was organized by RRC, Chevalier T.Thomas Elizabeth College for Women in collaboration with the Rotary Club, Ambattur, on World Organ Donation Day, 13th August 2021, for one hour, between 5.00 PM and 6.00 PM. Dr. Arunkumar Annamalai, MBBS (Scientist, Deep Medicine Labs, Chennai) was the guest speaker. He spoke about the importance of donating organs. 30 students participated actively in this programme. The President of the Rotary Club, Ambattur, Rtn. Col. Bhupinder Singh, Rtn. Dr. Winston Noronha (DIR-Community Service Health) and Rtn. Flt. Ramesh, Secretary of Rotary Club, Ambattur, expressed their views on organ donation and the issues and challenges. The programme came to an end with an interactive (Q&A) session. The programme was informative and useful. All the participants were given e-certificates.

**Rotary**  
Rotary 3232

**SERVS TO CHANGE LIVES**

**40+**  
Years of service

**Chevalier T. Thomas Elizabeth College For Women**  
(Affiliated to the University of Madras & Re-accredited by NAAC with Grade 'A')  
in collaboration with  
**Rotary Club, Ambattur**

**Red Ribbon Club**  
cordially invites you to attend a  
webinar on  
**World Organ Donation Day 2021**  
COVID-19 and the Impact on Organ Donation

**GUEST SPEAKER**  
**DR. ARUNKUMAR ANNAMALAI, MBBS.,**  
SCIENTIST, DEEP MEDICINE LABS, CHENNAI

**Date: 13th August**  
**Time: 5pm to 6pm**

Google meet link: <https://meet.google.com/ouo-imnw-sda>

**Mrs. Sandhya Mohanan**  
Assistant Professor  
RRC Coordinator

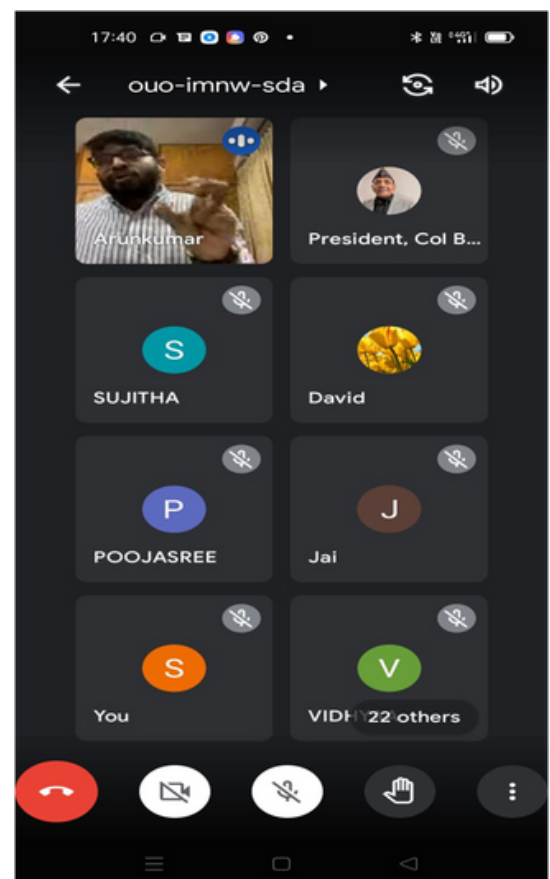
**Dr. S. Sridevi**  
Principal

Rtn. Col. Bhupinder Singh  
President

Rtn. Dr. Winston Noronha  
DIR-Community Service Health

Rtn. Flt. L. L. Ramesh  
Secretary

**Invitation – Webinar on “COVID-19 and the Impact on Organ Donation**



**Dr. Arunkumar Annamalai speaks on Organ Donation**



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**Name of the Activity:** Awareness Program on World First Aid Day

**Date:** 29.09.2021

**Organising unit/ agency/ collaborating agency:** RRC

**Name of the scheme:** RRC

**Participants:** All Students in the College

## **Report:**

Every year, World First Aid Day is observed on the second Saturday of September to spread awareness on First Aid and how it can save lives in a critical situation. On 29th September 2021, an awareness programme was organized by the Red Ribbon Club, C.T.T.E College for Women. The RRC Club volunteers created an awareness video on 'First Aid' and circulated it to all students through WhatsApp. The club volunteer, Ms. Prathiba S of III B.Sc. Computer Science gave an awareness speech during the morning assembly.



***Awareness Programme on  
World First Aid Day***



***Ms. Prathiba S of III B.Sc. Computer  
Science gives a speech***





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**Name of the Activity:** E- Poster Making Competition on World Mental Health Day

**Date:** 11.10.2021

**Organising unit/ agency/ collaborating agency:** RRC


**Name of the scheme:** RRC

**Participants:** 16

## Report:


On 11th October 2021, World Mental Health Day, an E-Poster Making competition was conducted by the Red Ribbon Club. 16 students participated in the competition. The competition was conducted via Google Forms. Mrs. Lavanya, Assistant Professor of Psychology, served as the judge for the competition. The best two E-Posters were awarded e-certificates. The First place was secured by Bagavathi B of III B.Sc. Computer Science and the Second place by Durga S of III BCA.


Chevalier T.Thomas Elizabeth College for Women  
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**Red Ribbon Club**   
organizes

**E-poster Making Competition**  
on  
**World Mental Health Day**

Kindly submit your e - poster in the following link

 Link : <https://forms.gle/JAoXvv4vDpoCgdst5>


 Date : 11/10/2021

**E - Certificate will be provided for the winners**

Ms.Sujitha.S Student Coordinator	Mrs. Sandhya Mohanan RRC Club Coordinator	Dr.S.Sridevi Principal
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Mental health is not a destination,  
but a process. It's about how you drive,  
not where you're going.

**WORLD  
MENTAL  
HEALTH  
DAY**



DURGA.S

***E-Poster by Durga S of III BCA***

***Invitation - E-Poster Making Competition***



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**Name of the Activity:** Webinar on World Pneumonia Day

**Date:** 12.11.2021

**Organising unit/ agency/ collaborating agency:** RRC

**Name of the scheme:** RRC

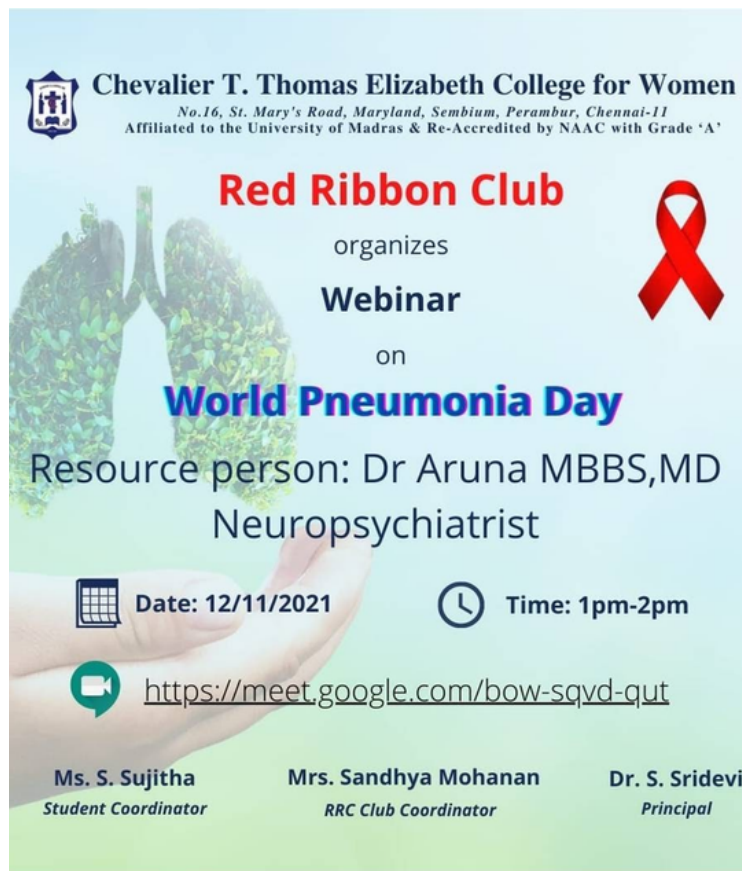
**Participants:** 97

**Report:**

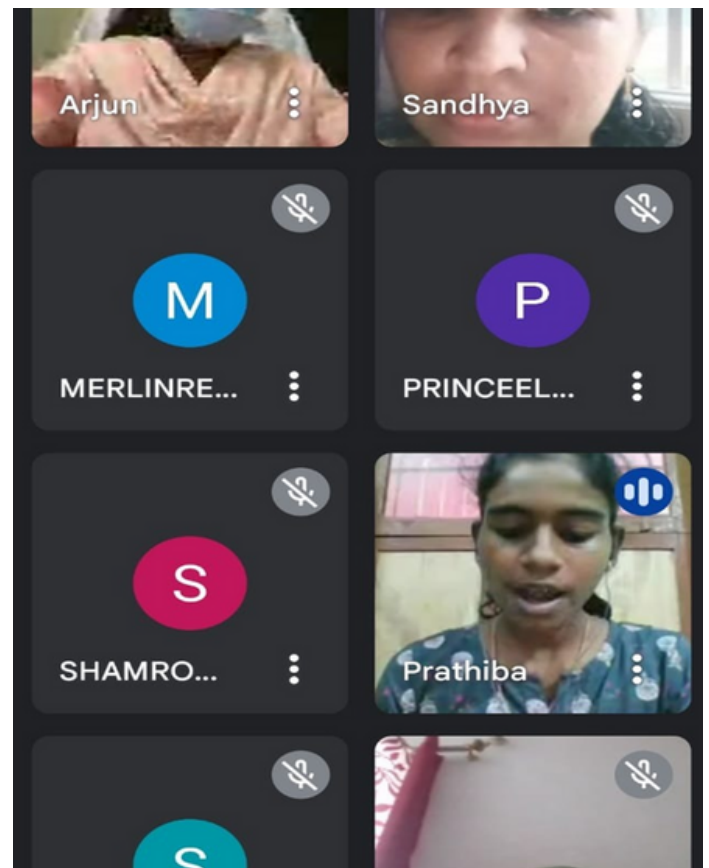
**Topic:** World Pneumonia Day, Significance and Objectives

**Resource Person:** Dr. Aruna MBBS, MD Neuropsychiatrist

The Red Ribbon Club of Chevalier T. Thomas Elizabeth College for Women conducted a webinar on World Pneumonia Day (12.11.2021) via Google Meet, between 1.00 PM and 2.00 PM. The guests peaker for the day, Dr. Aruna, MBBS, MD Neuropsychiatrist, spoke about pneumonia, signs and symptoms of pneumonia, home remedies, etc. It was followed by a Q&A session. The programme was very informative. 97 students attended this webinar.



*Invitation – Webinar on World Pneumonia Day*



*Interactive Session with Students*



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**Name of the Activity:** Awareness Programme on World AIDS Day

**Date:** 02.12.2021

**Organising unit/ agency/ collaborating agency:** RRC

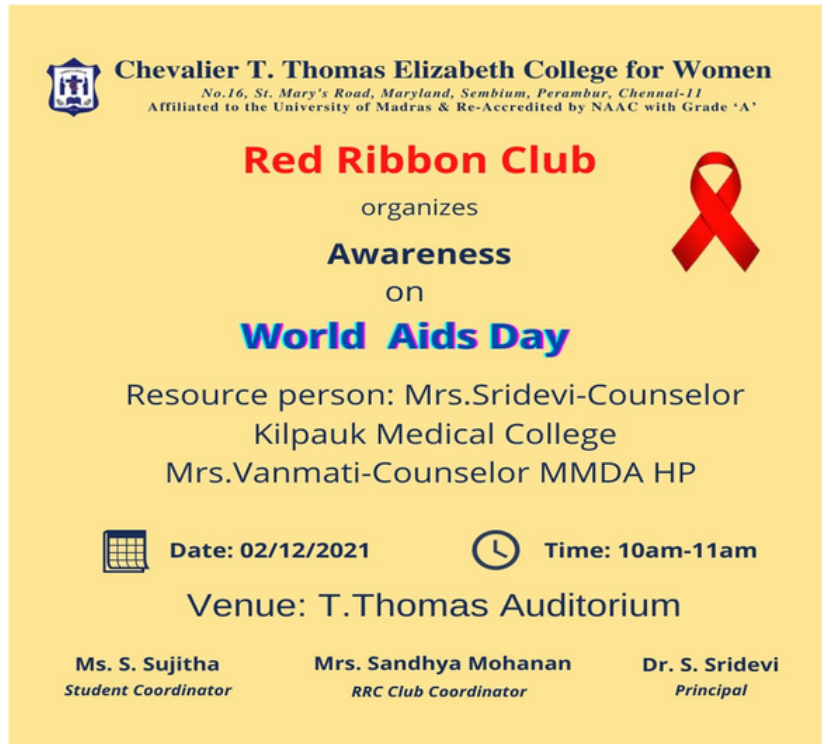
**Name of the scheme:** RRC

**Participants:** 170

## Report:

The Red Ribbon Club of Chevalier T. Thomas Elizabeth College for Women organized an awareness programme to observe World AIDS Day on December 02, 2021, at T. Thomas Auditorium at 10 am. Around 170 students attended the programme. The programme commenced with a prayer song by the students of BCA Department. The programme was compered by Ms. Aafiya A of II B.Com.(G). Rehab I of II B.Sc. Psychology welcomed the gathering.

Mrs.Sridevi, Counsellor, Kilpauk Medical College and Mrs.Vanmathi, Counsellor, MMDAHP, were the guest speakers for the day. Mrs.Sridevi spoke about AIDS, its causes, its symptoms, precautionary measures etc. She emphasized its severeness and complications. Every student took an oath at the end of the programme. The programme came to an end with the vote of thanks delivered by Ms. Aafiya A of II B.Com.(G).



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**Red Ribbon Club**  
organizes  
**Awareness**  
on  
**World Aids Day**

Resource person: Mrs.Sridevi-Counselor  
Kilpauk Medical College  
Mrs.Vanmati-Counselor MMDA HP

**Date:** 02/12/2021 **Time:** 10am-11am  
**Venue:** T.Thomas Auditorium

Ms. S. Sujitha  
Student Coordinator

Mrs. Sandhya Mohanan  
RRC Club Coordinator

Dr. S. Sridevi  
Principal



**உலக எய்ட்ஸ் தினம் 2021**

"End Inequalities, End AIDS, End Pandemic"

"எச்.ஐ.வி / எய்ட்ஸ்-ஊழல் எதிர்ப்பு மக்களுக்கு ஏற்படும் சிறந்ததாண்டுகளை முடிவுக்கு வரவரும் வகுப்பு  
எச்.ஐ.வி / எய்ட்ஸ் மற்றும் கொடுமை வரலாற்றிற்கு முடிவு கட்டுவோம்"

**உறுதிமொழி**

"எச்.ஐ.வி மற்றும் எய்ட்ஸ் குறித்து முழுமையாக அறிந்திருவோம். அறிந்ததை  
என் குடும்பத்தினுள்ள அனைவருக்கும் தெரிவித்திருவோம். புதிய எச்.ஐ.வி / எய்ட்ஸ்  
தொற்று இல்லாத குடும்பம் மற்றும் சமூகத்தை உருவாக்கிடுவோம். தன்னார்வமான  
கிரத்தப் பரிசோதனை செய்து கொள்ள முன் வருவோம். எச்.ஐ.வி மற்றும் எய்ட்ஸ்  
தொற்றுள்ளோரை அரவணைப்போம். அவர்களுக்கு சம உரிமை அளிப்போம் என  
உடனடி உறுதி அளிக்கிறேன்."

தமிழ்நாடு மாநில எய்ட்ஸ் கட்டுப்பாடு சங்கம்  
417, பாரதிபுரம் சாலை, எழும்பூர்,  
சென்னை - 600 008.

*Pledge*

**Invitation – Awareness  
Programme on World AIDS Day**





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**Name of the Activity:** Webinar on Leprosy Eradication Day

**Date:** 30.01.2022

**Organising unit/ agency/ collaborating agency:** RRC

**Name of the scheme:** RRC


**Participants:** 37

## Report:


In India, Anti-Leprosy Day is observed on 30th January every year. The Red Ribbon Club of Chevalier T. Thomas Elizabeth College for Women conducted a Webinar on account of Anti-Leprosy Day on Google Meet on January 30, 2022, between 4.00 PM and 5.00 PM. The guest speaker of the day, Mr. Y. Isaac Arul kumar, District Health Educator, The Deputy Director of Medical Service, DMS Campus, Chennai, spoke about Leprosy, its symptoms and complications, overcoming patient barriers, the benefits of self-reporting, early diagnosis, and adherence to the prescribed therapy. 37 students attended this programme. The programme was informative and created awareness among students about leprosy.

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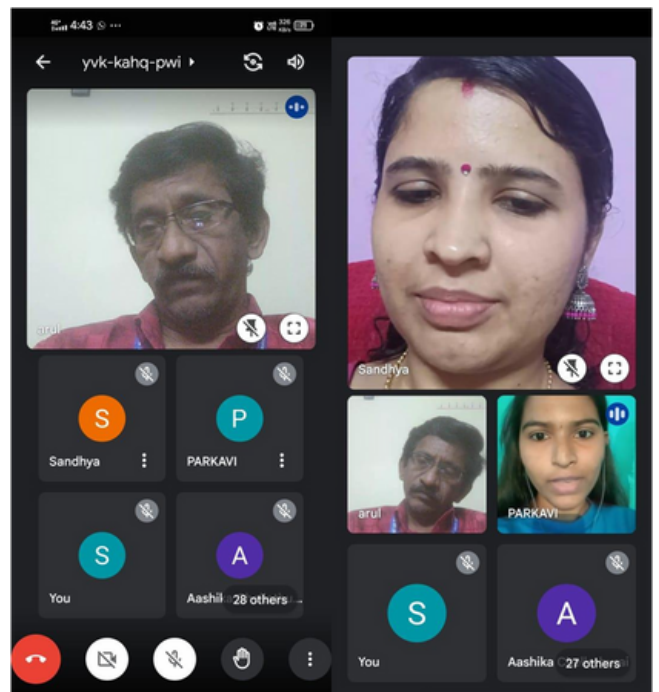
**Red Ribbon Club** organizes  
**WEBINAR**  
on  
**Anti - Leprosy Day**

 Resource Person :  
Y. Isaac Arulkumar,  
District Health Educator,  
O/o The Deputy Director of Medical Service  
DMS Campus, Chennai -06.

 **Date: 30/01/2022**  **Time: 3pm-4pm**

 <https://meet.google.com/yvk-kahq-pwi>

**Ms. S. Sujitha** Student Coordinator  
**Mrs. Sandhya Mohanan** RRC Club Coordinator  
**Dr. S. Sridevi** Principal



*Interactive Session with Students*

**Invitation – Webinar on Anti-Leprosy Day**



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**Name of the Activity:** Awareness Program based on the 76th Independence Day

**Date:** 02.03.2022

**Organising unit/ agency/ collaborating agency:** RRC

**Name of the scheme:** RRC

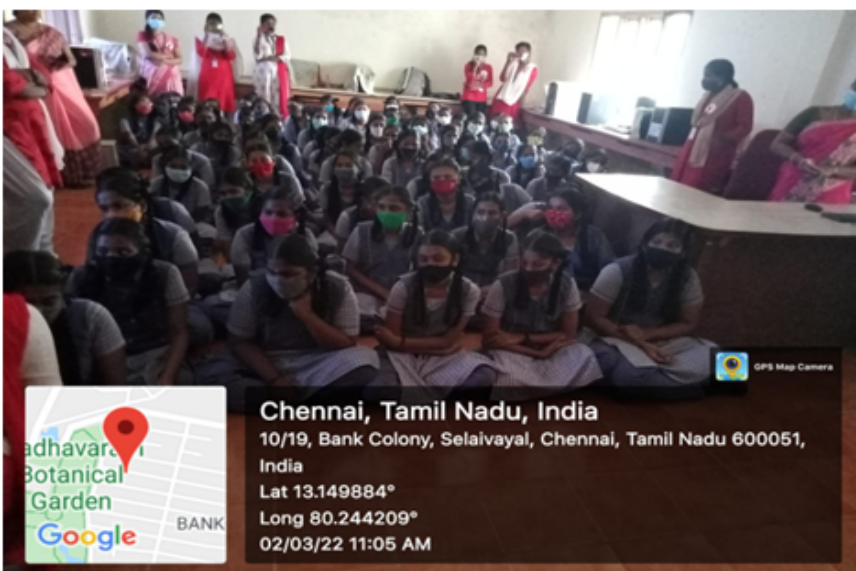
**Participants:** 16

## Report:

As a part of Azadi Ka Amrit Mahotsav, an initiative of the Government of India to celebrate and commemorate 75 years of Independence, the Red Ribbon Club volunteers (16 members) went to St. Thomas Matriculation Higher Secondary School, Madhavaram Milk Colony, Chennai, on March 02, 2022. They conducted various awareness programmes for the 9th and 11th Standard students. The RRC volunteers gave a speech on blood donation and its importance. They made a Power Point Presentation on HIV. Volunteers also sang a song to create awareness on Corona Virus. They conducted an interesting quiz on Corona Virus and HIV for the school students.



*RRC Volunteers conducting awareness programme at St. Thomas Matriculation Higher Secondary School, Chennai*







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**Name of the Activity:** Distribution of Albendazole tablets

**Date:** 15.03.2022

**Organising unit/ agency/ collaborating agency:** RRC

**Name of the scheme:** RRC

**Participants:** All Students in the College

**Report:**

As a part of National Deworming Week observed by the Government of India, the Red Ribbon Club volunteers distributed Albendazole tablets provided by the Greater Chennai Corporation to the staff and students of our college on March 03, 2022, from 10.00 A.M to 11.00 A.M.



*The RRC Coordinator, Mrs. P. Sandhya Mohanan, distributes Albendazole tablets to staff and students*



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**Name of the Activity:** Awareness Programme on World Vaccination Day

**Date:** 16.03.2022

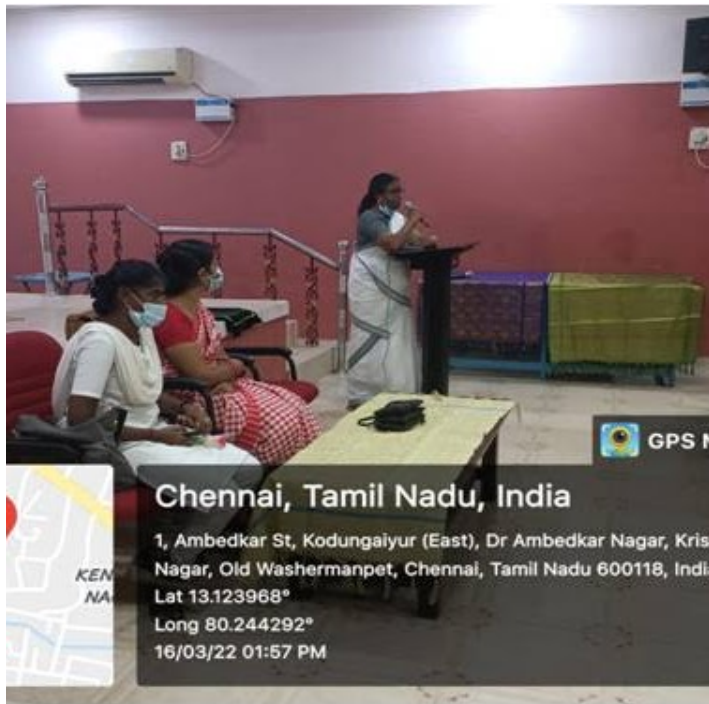
**Organising unit/ agency/ collaborating agency:** RRC

**Name of the scheme:** RRC

**Participants:** 65

## **Report:**

The Red Ribbon Club conducted an awareness programme to observe World Vaccination Day on March 16, 2022, at T. Thomas Auditorium. World Vaccination Day celebrates India's victory over polio disease along with an improvement in the health and life expectancy of an individual. The resource person, Ms. K. Mohanalakshmi, UHN – Greater Chennai Corporation, has over 32 years of experience in the field of medicine. She spoke about different vaccines and the benefits of getting vaccinated. The resource person explained how immunization can prevent a plethora of diseases in the long run.



*Awareness Programme on Vaccination by Ms. K.Mohanalakshmi*





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**Name of the Activity:** Student Grooming Program

**Date:** 24.03.2022

**Organising unit/agency/collaborating agency:** Procter & Gamble-consumer Goods Company

**Name of the scheme:** RRC

**Participants:** 100

## Report:

The Red Ribbon Club conducted a Student Grooming Programme in collaboration with Procter & Gamble, a Consumer Goods Company on March 24, 2022, at the Seminar Hall. The programme was conducted in batches. The first batch was conducted from 10.00 A.M to 11.00 A.M. and consisted of 50 students. The Second batch was conducted from 11.00 A.M. to 12.00 P.M. and consisted of 50 students. The volunteers from Procter & Gamble showed a video and explained about women's hygiene. After the grooming session, free product samples were distributed to all the students.



*Student Grooming Programme*



*Students receive free samples*