



# CHEVALIER T. THOMAS ELIZABETH COLLEGE FOR WOMEN

(No.16, St.Mary's Road, Maryland, Sembium, Perambur, Chennai-11)  
Affiliated to the university of Madras & Re- accredited by NAAC with Grade 'A'

**3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/Government and Government recognized bodies (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. ) and/or those organised in collaboration with industry, community and NGOs during the year & 3.4.4 Number of students participating in extension activities at 3.4.3. above during**

## Red Ribbon Club

**Name of the Activity:** Free Eye Camp

**Date:** 01/08/2023

**Organising unit/ agency/ collaborating agency:** Dr.Agarwal's Eye Hospital

**Name of the scheme:** RRC

**Participants:** 181

**Report:**

The Red Ribbon Club of Chevalier T Thomas Elizabeth College for Women in hands with Dr.Agarwal's Eye Hospital organized a one-day free eye camp for the benefit of students, staff, and the public on 1st August 2023. The eye screening camp was conducted with the objective of promoting eye health among the students. A six-membered medical team including a doctor and nurses were engaged in this camp. A total of 181 members benefited from this eye screening camp which included teaching & non-teaching staff, students, and the Public. After an Eye check up every member gets a report. People with minor problems, like trouble in reading (eye-sight) and itchy eyes, were given appropriate suggestions for further examination.





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**Name of the Activity:** World Heart Day

**Date:** 29/09/2023

**Organising unit/ agency/ collaborating agency:** RRC

**Name of the scheme:** RRC

**Participants:** 1010

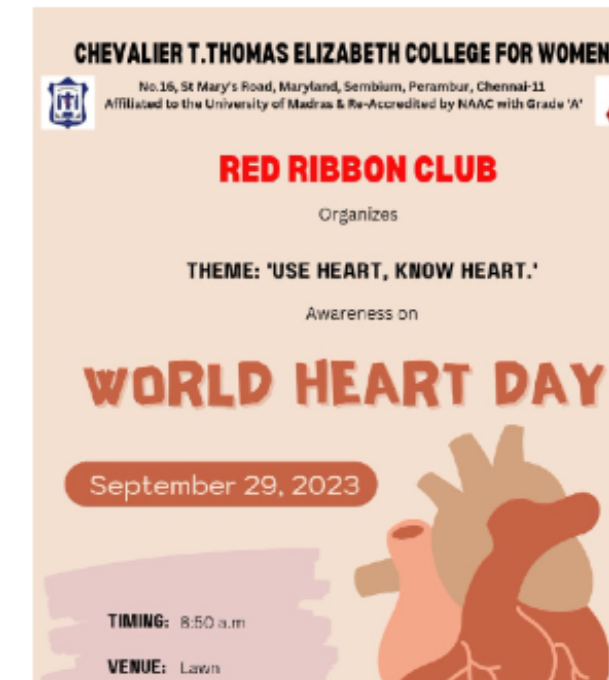
**Report:**

**Objective:**

To raise awareness about cardiovascular diseases and promote heart-healthy lifestyles globally. The Red Ribbon Club of Chevalier T. Thomas Elizabeth College for Women organized an Awareness program for the students to know about the cause of heart disease on World Heart Day. It is an opportunity for everyone to stop and consider how best to use hearts for humanity, nature, and for everyone. The theme for World Heart Day this year is 'Use heart, know heart 'on 29th September 2023 in the Lawn at 8.50 am. The club volunteer, Ms. Sentamizh. S.M of II BSc Chemistry gave an awareness speech during the morning assembly. Around 1010 students participated in the program.

**Outcome:**

The event provided an opportunity for the students to join a global call to raise awareness about heart health and accelerate actions to prevent, detect, and manage cardiovascular diseases.





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**Name of the Activity:** Organ Donation

**Date:** 23/01/2024

**Organising unit/ agency/ collaborating agency:** RRC

**Name of the scheme:** RRC

**Participants:** 40

## Report:

The Red Ribbon Club of Chevalier T. Thomas Elizabeth College for Women organized an Awareness program for the students to know about organ donation and to motivate normal human beings to donate organs after death. It is also aimed at information educating and encouraging people to participate in the noble cause of organ donation. The Theme for Organ donation for this year is 'No Caste -No Bar -Save lives-Donate Organ' on 23 January 2024 in the Seminar Hall at 1.30-2.30 pm. The club Coordinator Ms. A Thaslim Begum of Il B.com cs gave a welcome speech and the Guest speaker of the day was Arshiya Fathima.H. Helpline Counselor & Transplant Coordinator Mohan Foundation. During the program Around 40 students have participated in the program.

**Chavalier T.Thomas Elizabeth College for women**  
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**Red Ribbon Club**  
Organise

**Awareness Programme**  
On  
**Organ Donation**  
**Resource Person**  
**Arshiya Fathima .H**

**Helpline Counselor & Transplant Coordinator**  
**MOHAN Foundation**

January 23,2024 1:30 - 2.30 pm  
Seminar Hall





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**Name of the Activity:** National Voter's Day

**Date:** 24/01/2024

**Organising unit/ agency/ collaborating agency:** RRC

**Name of the scheme:** RRC

**Participants:** all the students of our college

**Report:**

National Voter's Day has been celebrated on January 25 every year since 2011, all across the country to mark the foundation day of the Election Commission of India, i.e. 25th January 1950. The theme for this year's NVD is "Nothing like voting, I Vote for sure" In order to encourage more Young Voter to take part in the political process the Red Ribbon Club of Chevalier T.Thomas

Elizabeth College for Women organized a Human Chain Formation to promote Voters along with the other clubs of the college on 24th January 2024 and gave a message with slogans promoting 18-year-old students and staff to enroll and cast the vote. In this event, whole students along with the respected faculties of CTTE College participated.





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**Name of the event:** World Heart Day

**Nature of the event:** Awareness Program

**Date:** 29/09/2023, 8.50am

**Organising unit/ agency/ collaborating agency:** RRC

**Name of the scheme:** RRC

**No. of participants:** 1010

**Objective:**

To raise awareness about cardiovascular diseases and promote heart-healthy lifestyles.

**Report :**

The Red Ribbon Club organized an Awareness program for the students to know about the cause of heart disease on World Heart Day. The theme for World Heart Day this year was 'Use heart, know heart 'on 29th September 2023 in the Lawn at 8.50 am. The club volunteer, Ms. Sentamizh. S.M of II BSc Chemistry gave a speech promoting awareness during the morning assembly. Around 1000 students participated in the program.

**Outcome:**

The event provided an opportunity for the students to join the global call to raise awareness about heart health and accelerate actions to prevent, detect, and manage cardiovascular diseases.

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**Red Ribbon Club**  
Organise

**Awareness Programme**  
On

**Organ Donation Resource Person**

**Arshiya Fathima .H**

**Helpline Counselor & Transplant Coordinator**  
**MOHAN Foundation**

January 23,2024 1:30 - 2.30 pm  
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**Name of the event:** Free Eye Camp

**Nature of the event:** Awareness program

**Date:** 01/08/2023

**Duration:** 9:30 am to 2:00 pm

**Organising unit/ agency/ collaborating agency:** RRC

**Name of the scheme:** RRC

**No. of participants:** 181 members

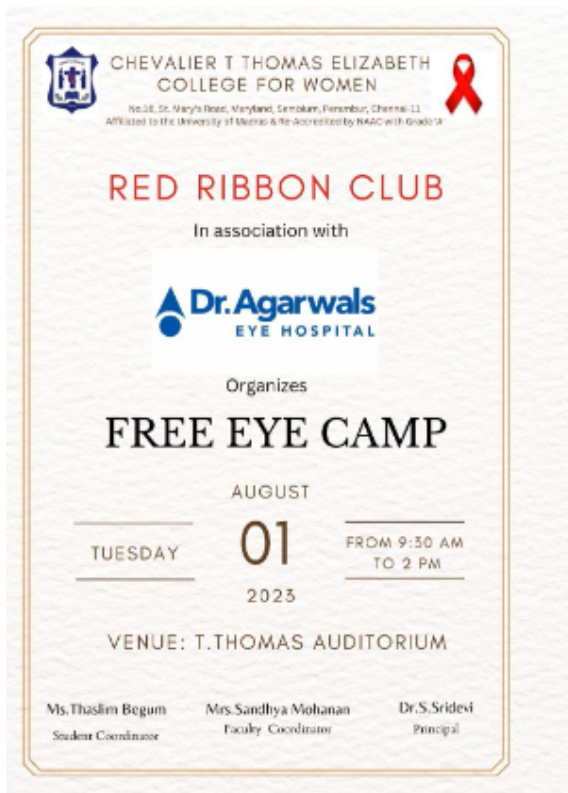
**Objectives :**

- To provide quality care for people.
- To improve awareness for healthy eyes.

**Outcome:** Through a free eye checkup suggestions for maintaining good eye health and further follow-up where required were provided.

**Report :**

The Red Ribbon Club joined hands with Dr.Agarwal's Eye Hospital and organized a one-day free eye camp for the benefit of students, staff and the public on August 1, 2023. The eye screening camp was conducted with the objective to promote eye health among the students. A six-member medical team was engaged in this camp. A total of 181 members benefited from this eye screening camp which included teaching & non-teaching staff, students, and the general public in the locality. After the check up reports were given with appropriate suggestions.





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**Event:** World No Tobacco Day

**Date:** 31st May 2024

**Organising unit/ agency/ collaborating agency:** RRC

**Name of the scheme:** RRC

**Participants:** 180

**Objective :**

- Raise awareness about the health risks of tobacco use.
- Encourage individuals to quit smoking and seek support for cessation.
- Empower students and staff with knowledge and resources to make informed decisions about their health.
- Foster a tobacco-free environment within the college community.

**Report:**

World No Tobacco Day was celebrated In Chevalier T. Thomas Elizabeth College for Women by Red Ribbon Club members on 31st May in College premises in between 1:30 p.m2:00p.m.In this awareness program, our club student coordinator Ms.S.M.Sentamizh of 3rd BSc Chemistry gave an extraordinary speech about World No Tobacco Day. During the speech, members of the club were holding placards. This awareness can reduce the use of tobacco in the surroundings of our staff and students.

**Outcome:**

- Increased awareness among students and staff about the dangers of tobacco use.
- Support is provided to individuals interested in quitting smoking.
- Establishment of a supportive and tobacco-free environment within the college campus.

